

## **Rules for Physical Education of Tamkang University**

Secretariat Regulation No. 1050000008(05/05/2016)

1. The Objectives of Tamkang University implementing Physical Education (PE) are as follows:
  - 1.1. To improve athletic ability and develop individual sport expertise.
  - 1.2. To further sport skills and enhance the physical ability to adapt.
  - 1.3. To actively participate in sports and make exercise a lifelong habit.
  - 1.4. To cultivate sportsmanship, promote harmonious interpersonal relationships, and develop good social behavior.
  - 1.5. To experience the fun of sports and enrich quality of life and leisure.
  - 1.6. To advance knowledge on sports, establish correct concept of sports, and develop a positive attitude towards and knowledge of participating in sports.
2. Principles for Implementation:
  - 2.1 To conduct general training so that each student has the opportunity to build up a powerful physique.
  - 2.2 To encourage team sports, and develop virtues of courage, decisiveness, fairness, law-abiding, and cooperative etc., from it.
  - 2.3 To enhance various skills, develop a habit of regular exercise, and promote physical and mental health.
3. Notes for selecting PE Courses
  - 3.1 For students from freshmen to junior, PE Courses are required and shall not be missed.
  - 3.2 For elective PE courses, one credit will be given (will not be included in Credits Needed for Graduation, and cannot be counted as compulsory PE courses for students from freshmen to junior), and only one course per semester is allowed.
  - 3.3 The Adaptive Exercise Courses are for students with disabilities or serious diseases, no matter what grade or gender. Those who need to take the Adaptive Exercise Courses due to illness or injury shall submit a certificate of diagnosis issued by a hospital or Health Section of the University to the course teacher. For those who were injured during a semester can submit relevant documents and change the PE Course to Adaptive Exercise Courses.
  - 3.4 During the first week of a semester, if any student has a conflict between Physical Education Courses and other courses, or has not complete the procedures of selecting a Physical Education Course, the student needs to attend the intended Physical Education Course and obtain a certificate of attendance (signed by the course teacher after the class), otherwise, the student will be deemed truant.
4. PE Course Notes for classes
  - 4.1 Class begins in the first week of school, absent without official leave is cutting a class.
  - 4.2 Please bring your own rollerblade for rollerblading courses.
  - 4.3 Please pay associated fees in order to complete the procedures for selecting Golf and Billiards interest-cultivating classes. First week of classes will be held in the University; from second week on, the classes will be held outside the University, and the students need to provide for his/her own transportation.
  - 4.4 For swimming lessons, the students shall bring their own swimsuit/swimming pant and cap, and apply for swimming pool permit or buy single passes.
  - 4.5 The students shall follow the instructions of the class teacher and wear proper sports apparel and sports shoes.
5. The criteria for appraising student Physical Education performance are as

follows:

LOHAS accounts for 60%, teamwork 20% and moral ethic for 20% accordingly.

6. If any student cannot attend a class due to illness or other special circumstances, he/she shall apply for leave of absence IAW the application process of the University. Students with approved leave of absence will be regarded as miss a class and students without leave of absence will be regarded as cut a class. The regulations for miss and cut a class are processed as follows:
  - 6.1 Cutting a one-hour will be deemed as missing a two-hour class.
  - 6.2 Cutting classes for six hours, the student will not be allowed to attend the examination. When the number of hours of missing classes reaches one-third of the class hours of that semester, the score for that course will be zero point.
7. The selection for Varsity Teams:

Please contact the Physical Education Activities Section from 2<sup>nd</sup> week of each semester directly for associated information on each Varsity Team.
8. The organizing, training and appraising of the Varsity Teams and as for the team members' selecting courses and performance appraisal will be regulated by other Regulations.
9. The rules for borrowing sports equipment are as follows:
  - 9.1 For regular Physical Education Courses, the PE Chief of each class shall ask the class teach to sing off equipment check-out form and then check out the listed pieces of equipment.
  - 9.2 The extra-curricular exercises, the student can check out the needed equipment after signing on the equipment check-out register with his/her student ID.
  - 9.3 The checked-out equipment shall be returned on time in order not to affect others' right to use the equipment.
  - 9.4 If the checked-out equipment is damaged intentionally or failed to be returned on time, in addition to pay for the damage at its original price, the student will be delivered to the Office of Student Affairs for review and punishment if the student failed to return the equipment within required period of time after being reminded of return the checked-out equipment.
  - 9.5 If the checked-out equipment is damaged due to normal wear and tear, the student needs to return it for damage assessment and shall not dispose of it by oneself, fail to do so, the student will be held accountable for it.
  - 9.6 The Managing Unit has the right to immediately reclaim any checked-out equipment for official needs.
10. If students need to use the sports venues for extracurricular sport activities, the students could submit the application for the contest or training activities through the Department Student Associations or Student Clubs at the venue coordination meeting held by the PE Section early each semester.
11. The University will hold various Athletic contests every school year, and with expand the PE sports competitions alongside the major festival of the University.
12. After the Rules are accepted at the Physical Education Affairs Meeting and then approved by the Principal, the Rules will take effect on the day of being published; the same applies to an Amendment.